

# Milk Is a Local Food

Milk travels from cow to you in about 48 hours.

1



Healthy cows provide milk.

2

Milk is cooled to below

45°



3



A tanker transports milk to a milk plant.

4

Ongoing testing is done for quality and safety.



5



Milk is pastuerized, homogenized, & put into bottles.

6



Milk is transported to you at school or your local grocery store.



New England  
**Dairy**

**For more information visit:  
NewEnglandDairy.com**

*Adapted from Mideast Dairy Association, 2015*