

# June



## CELEBRATION MOMENTS

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[National Dairy Month](#)

[World Milk Day \(6/1\)](#)

[National Cheese Day \(6/4\)](#)

[National Smoothie Day \(6/21\)](#)

## FOOD FOR THOUGHT

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Dairy contributes key nutrition to student health and development. Learn more with our recorded [Dairy Nutrition Webinar](#)

10 [Ways](#) and [Reasons](#) to Encourage Students to Drink More Milk

## CLASSROOM CONNECTION

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[How Milk Gets From Farm to Table](#)

[Make Your Own Dairy](#): Butter, Yogurt, and Ice Cream

## FOR YOUR MENU

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*DAIRY JOKE*: What game do cows play at parties? Answer: MOO-sical chairs

*FUN FACT*: Cheddar is the most popular natural cheese in America

*RECIPE*: Lemonade Stand Smoothie [Elementary](#) and [Middle & High School](#) Portions

## FREE STUFF

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Making Butter, Ice Cream, and Yogurt [Hands-on Activities](#)

## SOCIAL MEDIA POST TEMPLATES

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Your own photos are best. If needed, these images from our [photo gallery](#) are approved for school use. If you use one of our posts, please tag us @NewEnglandDairy so we know this resource is helpful.

- Join us in celebrating [National Dairy Month](#) by enjoying your favorite dairy foods and appreciating the hardworking farmers that produce them.
- Thank you to our New England dairy farmers who work hard to provide us with milk year round. Milk goes from [farm to school in 48 hours](#). #WorldMilkDay
- Cheese makes everything better, and is a favorite among students here at [insert school or district]. It's National Cheese Day, share your favorite ways to enjoy cheese in the comments below.
- Springtime = Smoothie time! We love to get creative with different dairy, fruit, and vegetable ingredients to find combinations you enjoy. [insert photo of smoothie or ingredients]

Find ideas for [July & August](#) by visiting our [School Meals page](#)

