June

CELEBRATION MOMENTS

National Dairy Month
World Milk Day (6/1)
National Cheese Day (6/4)
National Smoothie Day (6/21)



FOOD FOR THOUGHT

Dairy contributes key nutrition to student health and development. Learn more with our recorded <u>Dairy Nutrition Webinar</u>

10 Ways and Reasons to Encourage Students to Drink More Milk

CLASSROOM CONNECTION

How Milk Gets From Farm to Table

Make Your Own Dairy: Butter, Yogurt, and Ice Cream

FOR YOUR MENU

DAIRY JOKE: What game do cows play at parties? Answer: MOO-sical chairs

FUN FACT: Cheddar is the most popular natural cheese in America

RECIPE: Lemonade Stand Smoothie Elementary and Middle & High School Portions

FREE STUFF

Making Butter, Ice Cream, and Yogurt Hands-on Activities

SOCIAL MEDIA POST TEMPLATES

Your own photos are best. If needed, these images from our <u>photo gallery</u> are approved for school use. If you use one of our posts, please tag us @NewEnglandDairy so we know this resource is helpful.

- Join us in celebrating <u>National Dairy Month</u> by appreciating contributions the dairy industry makes to the state and the world.
- Thank you to our New England Dairy dairy farmers who work hard to provide us with milk year round. Milk goes from farm to school in 48 hours. #WorldMilkDay
- Cheese makes everything better, and is a favorite among students here at [insert school or district]. It's National Cheese Day, share your favorite ways to enjoy cheese in the comments below.
- Springtime = Smoothie time! We love to get creative with different dairy, fruit, and vegetable combinations in our smoothies. How do you like to mix up your smoothies?

