July & August

CELEBRATION MOMENTS

National Ice Cream Month - July
National Mac & Cheese Day 7/14
Cow Appreciation Day 7/8
National Creamsicle Day 8/14
National Tell a Joke Day 8/16



FOOD FOR THOUGHT

Watch and Learn Video: "Will removing dairy cows help stop climate change?"

CLASSROOM CONNECTION

How to Make Ice Cream in a Bag <u>download</u> or <u>order</u>

FOR YOUR MENU

DAIRY JOKE: Why didn't the cow laugh at the joke? It wasn't a-MOO-sed!

FUN FACT: Dairy cows can consume 30 to 50 gallons of water a day RECIPE: <u>Frozen Strawberry Yogurt Bars</u> and <u>Fruity Yogurt Popsicles</u>

FREE STUFF

Discover Dairy Activity Book

SOCIAL MEDIA POST TEMPLATES

Your own photos are best. If needed, these images from our <u>photo gallery</u> are approved for school use. If you use one of our posts, please tag us @NewEnglandDairy so we know this resource is helpful.

- Cow Appreciation Day (7/8): Today at [meal site name] we are celebrating Cow Appreciation Day! [insert how you are celebrating, activities, dress up, etc.]
- National Mac & Cheese Day (7/14): Mac and cheese is best when you customize, get ideas with this quick and easy mac and cheese recipe guide from @NewEnglandDairy https://bit.ly/3L4lt47
- National Creamsicle day (8/14): Celebrate National Creamsicle day by making your own with <u>this refreshing recipe</u>.
- National Tell a Joke Day (8/16): Today is National Tell a Joke Day! Share this laugh with your friends and family: [Insert one of our <u>Dairy Jokes</u> or share your own favorite joke]

