

SCIENCE BREAK

Bacteria Cafeteria

Question 1

When is the bacteria added to the yogurt?

- A. When the yogurt is in the oven overnight
- B. When you add the pre-made yogurt

Question 2

What does good bacteria do to our bodies?

- A. Help our immune system
- B. Makes our hair grow faster

Question 3

Name 1 other dairy food that contains good bacteria.

Question 4

What does the good bacteria eat to make yogurt?

- A. The milk's bacteria
- B. The milk's sugar



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Adapted from Dairy Council of Florida